

## ADVISORY MINUTES

**MARCH 15 2018**

### ***Committee Members in Attendance***

Dr. Tony Antonacci (NMD, CSCS, DC, FASBE; Certified Yoga Instructor)

Tammy Knott-Silva (Faculty KHA)

Fred Fimbres (Faculty KHA-Yoga instructor certified)

Dyan Miller (Dean KHA)

Lindsay Castello (Yoga Instructor and Community Member)

Michelle Palacios (Owner United Yoga Studio)

### **Missing**

Monica Tantlinger

Patricia Bellali

### **Introductions:**

### **Discussion Topics:**

1. Getting more community members who may partner with Yoga Alliance on the advisory committee.  
Everyone agreed moving forward the more we have on board the better it will be for gainful employment. Creating partnerships with multiple Yoga studios will benefit our student's.
2. Qualifications to teach Yoga  
Currently minimum qualifications is physical education, may want to look and see if a certification in Yoga (500 hours and above) would work. Is 200 hour the only option for our student's or will we look to adding 500 hour certification in the future.
3. Marketing Strategies- Create flyers for current enrolled student's. Many have discussed with both Fred and Lindsay their interest in teaching and becoming Certified. Adding to our Website and partnering with businesses to promote the certification. Work and discuss with Dr. Cifone.
4. Dyan discussed the timeline of classes being offered and what it looked like from start-finish. Starting Fall 2018 and adding Beginning and Advanced Summer 2018.
5. Everyone agreed bi-monthly meetings will work but are flexible for additional meetings.
6. Tammy will be sending out updates with new information.
7. Tony and Michelle will work with their fellow Yoga partnerships to see who else would be interested in joining our team.

### **Next Meeting Date (Tentative)**

May 17<sup>th</sup> 12:00